



The Medicinedance / Dancecure

Dance has been used to heal the individual and the tribe for thousands of years. Moving to be moved, deep inside, riding yourself from tensions by expressing them and entering the spiritual world of ceremonies, has been practiced by the Bedouins of the deserts, the American Tribes, the chamanes of Sibiria and many others.

The DanceCure is a potent tool to access the inner source of vital life force and wisdom. Opening the hearts in meditation, connecting the inner healer through altered states of consciousness one experiences new inspiration and guidance.

Shamanism teaches to use the intention, to respect and to connect with the ancestors and healing spirits of mother nature.

Through shamanic medicines such as smoke, breath, dance, trance, tobacco and prayers we will go through deep cleansing and healing processes. Music of all tribes and all times will inspire us and guide us through these processes of Tranceformation.

Zorah Leduc

is a professional Oriental Dancer, Choreografer and Medicinewoman.

She performs and lives in Spain and has been working and studying, dance and chamanic rituals all over the world. In Egypt, Marocco and USA, in ceremonies of the Red path, Medicinerituals of Brasil and Ecuador, with Yoga, Trancedance (Frank Natale), Oshos dynamic Meditatiois and Holotropic Breathwork (St. Grof).

“Dance is the medicine that I have been given from great spirit. To share it with you is to honour my teachers with your beauty.” Zorah