

Yoga Retreat

In Sunny Spain



June 12-19, 2008

Adventurous Yogi

For more info, check out
www.adventurousyogi.com
B&B and the region are at
www.elsaltador.com

RETREAT. Rejuvenate. Experience something vastly different this summer—the opportunity to deepen your yoga practice while exploring a new culture and landscape. We have planned an amazingly affordable getaway at a remote B&B near the Mediterranean Sea.

COST: \$1295US includes: 4+ hours of guided yoga and meditation available daily. Full Board at El Saltador, a gorgeous adobe B&B. Excursions to the

beach. Option to volunteer at local organic gardens

Optional: Trekking Extension

June 20-25, 2008

Las Alpujarras. Hike through ancient villages of Moorish origins, explore picturesque Granada

COST: \$895US